Gryphons' Lair – Issue 75 April 2023

This newsletter is a big milestone for Gryphon Football! April 2023 marks the 75th edition of the Gryphons' Lair newsletter! The first edition was sent out February 2017. An archive of our past newsletters can be found on our <u>website</u>. We've enjoyed sharing Gryphon Football content with our readers over the past 6 years. Thank you to all our players, alumni, and FOGF members for allowing us to share your story with our Gryphon Family!

For those who are avid readers of our newsletter, you know that we have been sharing lots of great information about our upcoming gala on May 6th. Don't forget that <u>tickets are on sale</u> now. Be sure to purchase your ticket before spots fill up. This event is a great night to connect with alumni, and members of the Gryphon Football community. This event is open to the public and anyone is able to attend. Keep an eye out for an email detailing the online silent auction. You are welcome to bid even if you can't make it to the gala!

FOGF Members – All GOLD members were sent a separate email containing your coupon code to redeem your ticket for the Gala Dinner. Red and Black Level members can upgrade their membership to a Gold and the Gala will be included in your benefit package. Contact <u>Bill Brown</u> to upgrade.



HeForShe Event

The <u>HeForShe</u> movement was initiated by the United Nations in 2014. The purpose of the movement is to breakdown gender stereotypes and improve gender equity. In partnership with the College of Engineering and Physical Sciences and the Lang School of Business and Economics, the Gryphon Football Program is committed to bringing awareness to this important movement at the U of G.

On March 22nd, we welcomed Diana Matheson to campus for the HeForShe Keynote Event. Diana is a two-time Olympic bronze medalist who was a member of Canada's Women's National Soccer Team from 2003-2021. During her career Diana represented Canada over 200 times, played in four FIFA World Cups and three Olympic Games. Following her playing career Diana co-founded Project 8 - Canada's first women's professional soccer league, set to kick-off in 2025.

Diana's speech highlighted the importance of resiliency, and she shared her vision towards Project 8, and how this will impact women in sport.

One of our players, Spencer Kennedy, introduced Diana at the event. A great deal of work went into writing his speech and preparing his presentation. Thank you, Spencer for representing our team, you made us proud!

Check out this <u>video</u> that was shared at the event – it highlights the important work we are doing towards gender equity within the Football Program and the University.



Pictured left to right: Diana Matheson, Spencer Kennedy



Pictured left to right: Brandon Ferigo, Yusuf Al-Khaldi, Scott Murray, Diana Matheson, Simon Chaves, Spencer Kennedy

CFL Regional Combine

Congratulations to our three Gryphon Football players who competed at the CFL Regional Combine on March 3rd in Waterloo, Ontario. <u>Juwan Jeffrey</u>, <u>Franck Kemayou</u> and <u>Matthew Famurewa</u> represented our program proudly and we're excited for what's next for them!



Players in the Philippines

<u>Simon Chaves</u>, <u>Anthony Hall</u> and <u>Kwame Osei</u> travelled with our Team Chaplin, Dan Rossi, to the Philippines to assist with the Equip Canada Leadership Foundation. The mandate of this program is to train the national police of the Philippines and leaders in the church such as bishops, pastors, and youth leaders on how to better lead their people through the gospel.

The team was able to set-up a Zoom call with Kwame, Simon and Anthony and it was great to be able to connect with them while they were on this important trip!



Pictured: Anthony Hall (Top Row, 3rd from Left), Simon Chaves (Top Row, 5th from left) Kwame Osei (Top Row, 6th from left) and high ranking Police Officers

Practice @ Field House

The boys put the pads back on and had a few team practices at the Field House on campus. Great to see that the work that they've been putting in during their early morning workouts has translated to their progress on the field.

We're one step closer to playing on the field at Alumni Stadium!

Volunteering in the Community

Kumail Khalil, Denver Beazley, and Yunus Larry spent some time volunteering at the SEED in Guelph. The SEED is a non-profit organization in Guelph that is working towards providing access to healthy food for members of the community. The players and a few members from the Women's Flag Football Team spent the evening helping serve dinner at the fundraiser event. All proceeds raised went towards supporting this amazing program that supports food insecure families in Guelph.



Pictured left to right: Yunus Larry, Denver Beazley, Kumail Khalil

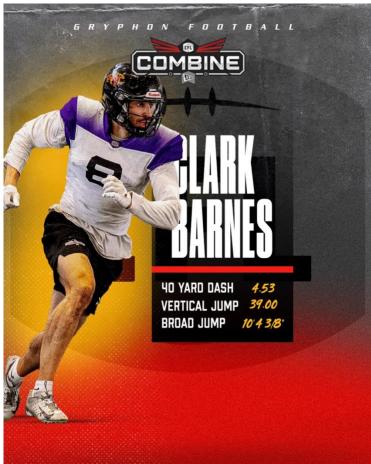
CFL National Combine

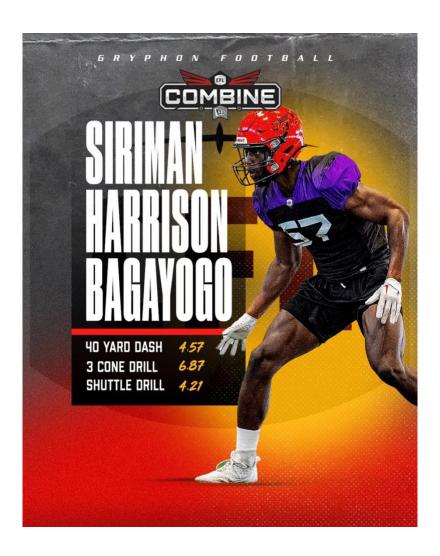
We had three Gryphon players at the CFL National Combine in Edmonton, Alberta and they sure made us proud! It seemed that every time a post or story was shared about the results of the combine, one of our players was making headlines.

Congratulations to <u>Clark Barnes</u>, <u>Siriman Harrison Bagayogo</u> and <u>Spencer Masterson</u> for your performance at the Combine!

Full results from the combine can be found here.









International Women's Day

Gryphon Football is proud to have many incredibly talented women as part of our community - from our POP group to our trainers, staff and fans!

Recently, a few players from our team have become involved in coaching the Women's Flag Football Team. Check out this incredible video that we shared on International Women's Day. Proud of the work are team is doing to support women in sport.

75th Edition of the Gryphons' Lair

We proud to say that this edition of the Gryphons' Lair is the 75th edition! Many stories from players, alumni, coaches, parents and community members have been shared over the years. The vision of this newsletter is to share highlights of our program with our community and keep everyone up-to-date with everything related to Gryphon Football. Thank you to everyone who has taken the time to read our newsletter, we look forward to sharing many more stories with you!

Athletic Banquet

On March 30th, Gryphon athletes, coaches and players gathered to celebrate the individual and team success from the 2022 – 2023 season! Two players were selected from each team to receive the Rookie of Year and MVP Award. Congratulations to Isaiah and Siriman!

Football: Rookie of the Year- Isaiah Smith

Football: M.V.P. (Donald Forster Trophy) - Siriman Harrison Bagayogo

A recap of the night and list of award winners can be found here.





Many student athletes faced the devastating news of the 2020 season being cancelled because of the global pandemic. So, of course, they were eager to return to their sport for Fall 2021. Imagine all the prep that went into getting ready, only to tear your ACL and suffer a season-ending injury in just the second game of the year.

Our player featured this month has demonstrated his resilience and perseverance throughout his time as a Gryphon. This month's newsletter highlights <u>Miles La Foucade</u>, a 3rd year Defensive Back from Brampton, Ontario.

It's no surprise that Miles received an award for persevering through adversity at the most recent Wildman Awards Dinner. The Richard P. Kohler Perseverance Award is awarded annually to a player who best exemplifies perseverance, tenacity, determination, and the ability to overcome adversity. Although his time at the U of G didn't start out exactly as planned, he's made the most of his experience since joining our team.

After spending four years at St. Michaels College School in Toronto, Miles headed south of the border and attended Clearwater Academy in Florida. Their program strives to provide students both a strong academic opportunity and an elite football experience, allowing students to achieve their academic and athletic goals.

Miles spent 8 months at Clearwater and, with the pandemic hitting mid-March, he ended up returning home to Canada sooner than expected. During his grade 12 year, the Gryphon recruiting team had reached out to Miles with the hopes that he would choose Guelph for his post-secondary studies, however, he had already made the decision to head to Florida. The conversation started up again in Spring of 2020 and Miles came to campus for an official visit.

"Coach Sheahan and Coach Surya did a really good job recruiting not only me, but my family. It was great being toured around in the golf cart and checking out the campus and the football facilities. My parents absolutely loved the U of G and were happy that I committed to Guelph."

The first home game of the season was against the Western Mustangs. A game many Gryphon fans remember as it was the first game back in over 700 days and the Gryphons came out on top with a 23-21 victory!

"That game was electric. It was my first time in a Gryphon uniform as I was fortunate to dress that game and got some playing time. Unfortunately, that was about all the playing time I got for the season, as I tore my ACL in Week 2 against Windsor."

A training and therapy program was created so that Miles could hopefully return to play for the 2022 season. He underwent surgery on his knee in November 2021 and spent the off-season recovering and working through is treatment plan. The focus started with range of motion, moving into getting strength back into his leg, change of direction and ultimately working up towards being able to complete explosive movements.

"It was tough not being on the field with my teammates in 2021, but I am super grateful for the training staff and all the work they did to help get me back on the field, healthy and strong for the 2022 season."

Outside of football, Miles has a busy academic calendar as he is studying Sport and Event Management within the Bachelor of Commerce program. This summer, he will be working in the Undergraduate Research Assistantship (URA) program with Professor Kathleen Rodenburg. The URA program is quite competitive and provides students with the opportunity to work with faculty at the U of G within a research field.

When chatting with Miles about life after university and preparing to enter the workforce, he noted that he's making sure that he is taking advantage of the opportunities available to him as a student-athlete and how they can prepare him as he plans out his career.

"As I am growing older with the program, I've really noticed how leadership is important. The coaches are always encouraging us to get involved and be a part of networking meetings, attend events and build up our experience off the field. When I was in high school, I followed the Gryphon Football accounts on social media and I was really impressed to see how much the players did outside of football, such as volunteering and supporting school events. It's important that we get involved. Even opportunities like the newsletter, this is chance for me to practice public speaking and learn how to better articulate my thoughts."

Miles was recently part of a Black History Month conversation with fellow teammate Isaiah Smith and Gryphon Alumni, Heron Tait

"I loved being a part of that project. It was a great opportunity to talk about important things. I was a little nervous at first, but once the conversation started, I got more relaxed. I thought it was a great idea to bring back Heron for the video. That conversation gave me the opportunity to share my story, and I got to build a stronger connection with one of my teammates, Isaiah."

We reached out to Heron about his experience connecting with Miles for this project.

-Heron Tait

"For BHM I was asked by the FOGF to engage with recent alums and current players, to moderate a conversation on our experiences as black men. One of those current players was Miles La Foucade. Miles spoke about his experiences, and expressed his emotions with an openness, directness, and honesty that belies his age. With no prior relationship with each other, this young man's level of comfort, confidence, and strength of character shone through. Thank you, Miles for chatting with me and Isaiah for BHM, for your willingness to open up, and for sharing your challenges when it would have been easier to remain silent.

Thank you, Miles for being this month's newsletter feature! Wishing you all the best with your summer job at the U of G and we look forward to seeing you on the field at Alumni Stadium for the 2023 season!





Gryphon Alumni, Andrew Oosterhuis is being honoured as a Distinguished Alumni at the 12th Annual Gryphon Football Gala on May 6th, so we thought it fitting that he should be our featured alumni for this issue of the Gryphon's Lair. We connected with one of Andrew's former teammates, Mark Antonelli, who shared some stories about Andrew and talked about what it was like to play alongside him!

To provide some context, we've included some information below about why Andrew is being honoured at the upcoming Gala!

This award recognizes and celebrates the accomplishments and achievements of the nominee after their playing career as a Gryphon student athlete. In addition to the nominee's accolades in their particular chosen profession, special consideration is given to the nominee's community involvement, volunteering, extracurricular contributions and leadership.

Listed below are a few notable moments of Andrew's professional and personal career:

Professional Accomplishments:

- Vice-President, Marketing at Labatt Breweries of Canada Volunteer/Community Involvement:
- University of Guelph Senate
- University of Guelph Big Brothers/Big Sisters
- "HoHoHo Hopewell House" Annual Christmas Fundraiser
- FOGF Member/Supporter of Gryphon Football

Gryphon Football:

- Wildman Trophy, 2004
- Don Cameron Trophy, 2003
- Team MVP (Donald Forster Trophy), 2003
- 3x Team Captain: 2003, 2004, 2005
- OUA All-Star, 2005
- 5 Year Letterman
- East-West Bowl, 2005
- Honour Award, 2004

Mark and Andrew played together for the red black and gold from 2001-2006, both at the Defensive Back position. Mark noted that they competed throughout their time as Gryphons, and Andrew pushed him to be a better player.

"His playing style was pretty impressive; he would always seem to score a touchdown by being in the right place at the right time. He had a knack for finding a way to get things done and change the momentum in our favour. Whether that was a touchdown, a big hit or a big block."

Mark noted that a lot of their team successes were attributed to when Andrew was on the field. The biggest moments revolved around him. A standout moment from his playing days was an away game against Windsor. To this day, Mark still tells Andrew that if it weren't for his block, Andrew wouldn't have gotten the 75-yard return. Mark does have that game film as proof, so maybe he should bring the clip to the Gala!

"By the way he didn't score a touchdown, his little legs couldn't take him to the end zone." To be expected - a little banter between former teammates! ☺

'Teammates' is a word that came up many times throughout our conversation with Mark. He talked about how being a part of the football team allowed him to build incredible friendships with his

teammates that have continued into his life after graduation. Some of his best memories with the team were just hanging out in the locker room or celebrating in the endzone together after one of Andrew's many fumble recoveries for a touchdown.

"Although our team didn't have the most successful record on the field, we gave it our best effort for every single game and every single practice. And a lot of that grit and determination was spearheaded by Andrew. He became a captain quite early on his Gryphon career, and he was so deserving. He motivated us all to be better, to work harder and I think he's taken that motivation and drive with him throughout his professional and personal life."

After graduating, Mark has kept in touch with many of his teammates, including Stephen O'Brien, Glenn Tombia, Steve Mansell, and Dan Noble, just to name a few. They've had a Fantasy Football League since 2004 and have been present at many big moments in each other's lives, such as their weddings and other family events.

"Andrew is a very thoughtful guy, no surprise where he is at in his life with his work and family. He never forgets about people. He's always thinking about his circle of friends and family. He's done incredibly well for himself, both personally and professionally, and I was thrilled to hear that he was chosen as the year's Distinguished Alumni."

Our planning committee is hard at work preparing and coordinating for the upcoming gala. Guests can look forward to hearing more about Andrew's story both as a player and life after graduation. In addition, we will be celebrating Jeremy Oxley, the Honour Jersey recipient. We've also got a Fireside chat set up with Gryphon Alumni and two-time Super Bowl Champion, Thomas Dimitroff. It's going to be a fantastic evening, be sure to purchase your ticket now.

"I haven't been to an in-person Gala in a long time and I am so excited to be reunited with my teammates. I've been a bit disconnected, between my work and family life, but knowing that we are honouring my former teammates, it's really important that I make the time to be there."

Thank you, Mark for sharing some insight into what it was like to be teammates with Andrew! We look forward to seeing you at the Gala!



Pictured left to right: Mark Antonelli and Andrew Oosterhuis



A four- or five-year University career can be the quickest years of a student's life. Student-athletes can get so attached to the community that they've been a part of, and it can be tough to walk away from it after graduating. We're so fortunate that we have the FOGF (Friends of Gryphon Football) Membership program to encourage our alumni to stay connected – with our players, and our Gryphon Football program.

This month's FOGF Feature is Gryphon Alumni Steve O'Brien – someone who joined the Gryphon Football Program in 2001 and has stayed connected with us over the last 20 years.

Steve's journey with the Gryphons started in 2001, and he played for Head Coach Tom Arnott for the majority of his career.

"I came in as a linebacker and then I think they realized I was too slow and so they moved me to Defensive End!"

Kyle Walters came into the Defensive Coordinator role shortly after, and he brought a great deal of experience, especially since he had played in the CFL for the Hamilton Ti-Cats. Stephen noted that when Kyle moved into the Head Coach position role in 2006, it was a major factor that contributed to him making the decision to come back and use his 5th year of eligibility.

Steve graduated from the U of G with a Bachelor of Arts Degree, majoring in Political Science. He then pursued a Master's Degree that was split between McMaster and the U of G. This post-graduate program allowed him to put on the pads for one more season and suit up for the Gryphons.

After his 5-year career with the red, black, and gold, Steve wasn't quite ready to say goodbye to Football program.

"In 2007, Guelph hosted the Yates Cup against Western. I remember coming back and seeing the nearly 10,000 fans packed in at Alumni Stadium and I knew that I still wanted to be involved. I wanted to stay a part of the Gryphon Family."

Family commitments and job opportunities brought Steve and his wife Melissa to Mississauga, which is less than an hour outside of Guelph. Mississauga is a fertile recruiting ground for Guelph, and so Steve continued to support the team through his recruiting efforts. He learned from Coach Walters about what to look for regarding skill and technique at the high school level.

"Throughout the years, my recruitment role continued under the direction of head coaches Stu Lang, Kevin MacNeil, Todd Galloway, and now Ryan Sheahan. The role has changed a little bit now because I am back living in Guelph and there are so many of the coaches living in the city. I transitioned to helping with FOGF, supporting Gryphon Football events, and my recruiting involvement is supporting on game day at Alumni Stadium. The Coaching staff is busy with game day prep, so I have had the opportunity to support with the game day recruitment operations."

In addition to supporting our coaching staff, Steve sits on the Friends of Gryphon Football Board of Directors.

"I've been really proud of the work that we've done within FOGF. I remember when Bill Brown was in the early stages of creating this membership, and I thought it was such a fantastic idea. We needed it; there are certain generations that you lose touch with, and so this membership provides us with the opportunity to stay connected. I knew some of the names that came before me, but if it wasn't for FOGF, I wouldn't have had the opportunity to meet folks from the generation that came before my playing days."

Steve and his fellow teammates will be celebrating Andrew Oosterhuis at the upcoming Gryphon Gala on May 6th. He noted that this is a great chance for his group to be in-person again and celebrate their teammate on being honoured as the Distinguished Alumni.

"The group stays connected, whether it's texting in the group chat, being a part of a Fantasy Football League or a March Madness Pool. I don't think my generation is different from previous generations or the ones that will come after us. We're Gryphons and we all stick together and keep in touch. It's so easy to be connected with your era of players, because it's more of a natural, organic relationship. What I love about the Gala is that it gives you the chance to meet players from other generations."

Not only will Steve be attending the gala to support Andrew, but he is also the MC for the evening! Steve wanted us to be sure to put a call out in the newsletter to all of Andrew's teammates to purchase a ticket to the gala so that you can all be connected and celebrate Andrew's accomplishments.

Thank you, Steve for your continuous support to our program! We're grateful to have you as part of our staff and within the FOGF program! See you at the Gala!



Pictured: Steve and family



This month's Gryphons Gone Pro Feature is Tristan Doughlin.

Tristan played for the Gryphons from 2013-2016 and played two games with the Hamilton Ti-Cats in 2017 and two games with the Saskatchewan Roughriders in 2018.

After a few years away from the program, Tristan is now back with Gryphon Football as part of the coaching staff. He works alongside Donnavan Carter and supports with Special Teams and our Defensive Backs.



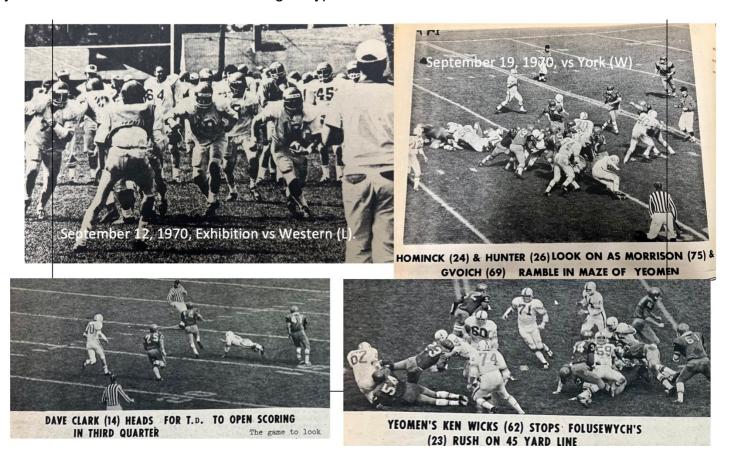




Welcome back to the April Edition of GFB - 100. I am your instructor John Casasanta, your resident Gryphon Football historian. GFB -100 is a master's class where we will delve into interesting and historical facts about all things Gryphon Football. Each month I will provide you with an interesting fact about the Gryphon Football program. Please don't hesitate to contact me with any of your own facts or stats to add to this segment each month. Forward any information, stat, story, or correction to me at icasasan@uoguelph.ca. The monthly goal is that you find this section informative and educational. I look forward to sharing with you all, so without further ado, let's begin.

For this month's lesson we will continue with our pictorial retrospective of Gryphon Football. April's focus will be the years from 1970 to 1975. Thanks to the staff of the Ontarion for allowing us access to every issue beginning in 1952 with the OAC Aggies then Redmen and right up to today's Gryphons. I hope you enjoy this retrospective and for some of you I hope you enjoy seeing some of these great moments you were a part of. Enjoy.

I want to thank Patrick Sutherland for his time and contribution to this month's lesson. Patrick was gracious enough to allow me access to the Ontarion's archives. I am excited to be able to share 72 years of history with you with the help of Patrick and the staff of the Ontarion. I look forward to seeing you next time when we discuss all things Gryphon Football. Class is dismissed.





LANCERS JOSEPH CONTROL OF THE PROPERTY OF THE

GRYPHONS MORRISON (75) CHERRY (22) IN HOT PURSUIT

ORGAN (10) KICKS 28 YARD FIELD GOAL TO UPSET LANCER LEAD IN DYING MINUTES

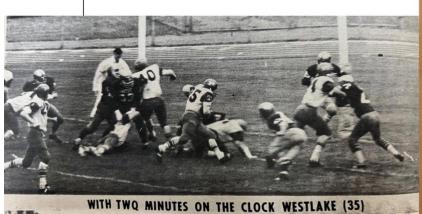


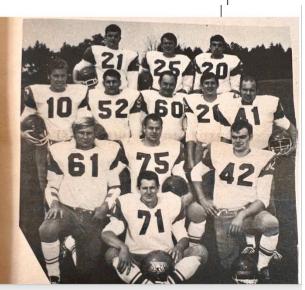
AND PLUNGES OVER LINE TO TALLY 3rd GRYPHON T.D

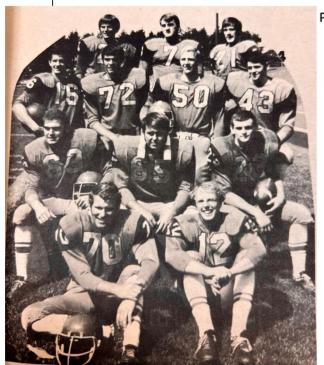
CLARKE BLOCKS SECOND
CONSECUTIVE PUNT

CUELPH'S CHEERLEADERS
OUT WIND THE RAIN

September 26, 1970, vs Windsor (W)







Published October 15, 1970, HC Preview



October 17, 1970, HC vs Waterloo (W)



FOLUSEWYCH SCORES GRYPHON T.D. IN SECOND QUARTER





FULLBACK DON WESTLAKE RUSHES TO LUTHERAN 45-YARD LINE



October 31, 1970, vs Ottawa (L)

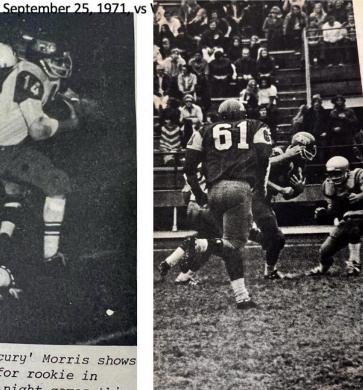


ZVONKIN TACKLES OTTAWA 'S LEVEILLE IN GRYPHON END ATTENTION:



November 13, 1971, vs Waterloo (L)

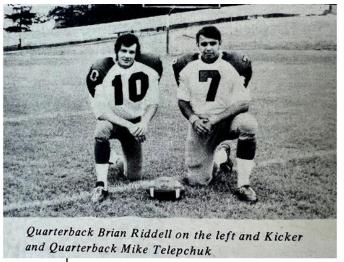
Bruce 'Mercury' Morris shows fine form for rookie in one of two night games this season.



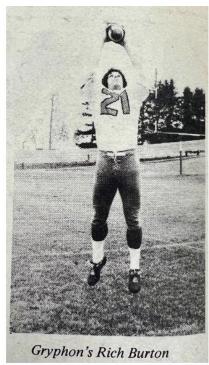
October 19, 1971, HC vs Windsor (L)



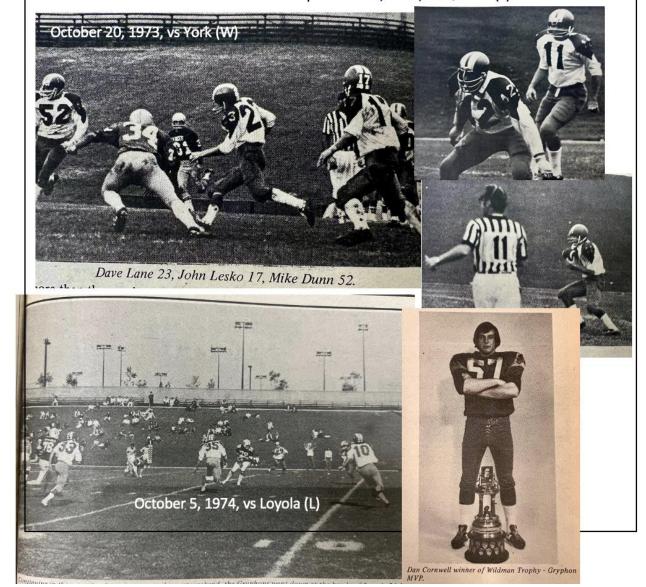


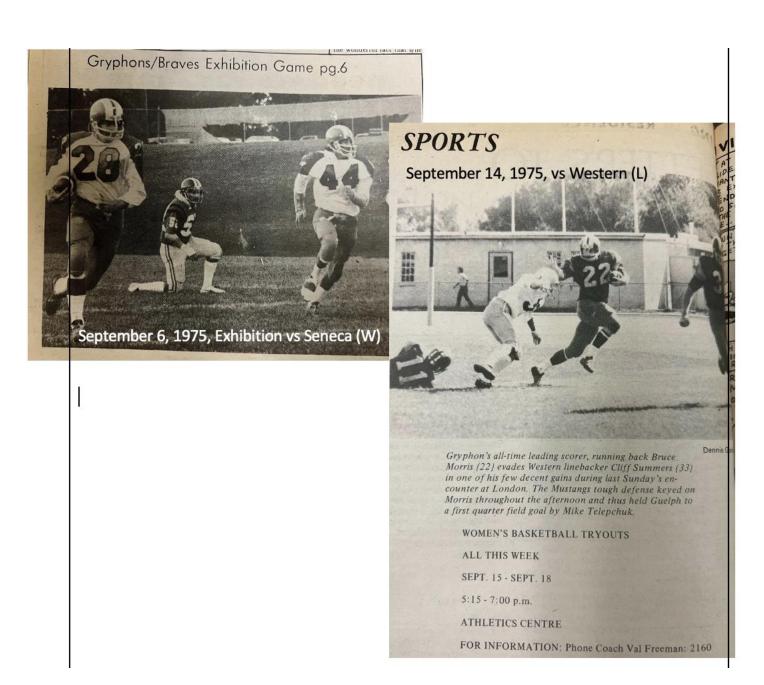


September 22, 1973, vs Windsor (L)



September 29, 1973, vs Queens (L)







Did you know that Dan Wicklum was invited to dinner with the President of the United States and the Prime Minister of Canada?

Dan played for the Gryphons in the 1980's at the Linebacker Position. He was a Vanier Cup Champion in 1984, the Athletic Department Male Athlete of the Year in 1987 was named to the 1980's Team of the Decade!



The Right Honourable Justin Trudeau

Prime Minister of Canada

el

Ms. Sophie Grégoire Trudeau

are pleased to invite

Mr. Dan Wicklum

to a dinner on the occasion of the visit to Canada of

The Honorable Joseph R, Biden, Jr.

President of the United States of America

Dr. Jill Biden

Guests must arrive no later than 4:00 p.m. at the Shaw Centre for Registration and Security Screening on Friday, March 24, 2023 Shaw Centre, 55 Colonel By Drive in Ottawa, Ontario



We've got some incredible talent from all across Canada joining the Gryphon Family. Congratulations to these young men for making the commitment to the University of Guelph. We can't wait to have you join us on campus!

NAME	POSITION	HOMETOWN
Rhys Staley	ATH	Windsor, Ontario
Chris McLarty	WR	Okotoks, Alberta
Kaleb Grant	ATH	North Bay, Ontario
Ethan Irvine	DB	Kelowna, British Columbia
Caleb Sargeant	ATH	Kitchener, Ontario
Nate Slawter	DB	Dartmouth, Nova Scotia
Nate Kashama-Aghayere	ATH	Milton, Ontario
Nathan Cook	WR	Kingston, Ontario
Dylan Garrison	DB	Kingston, Ontario

Jeremiah Beckwith	WR	Kingston, Ontario
Ben Mignault	QB	Kingston, Ontario



Junior ID Camp

- Great opportunity for all football prospects to be identified!
- Athletes must be born between 2002 2006
- Register here!
- Contact Mark Surya at msurya@uoguelph.ca if you have questions



Gryphon Gala

- Saturday, May 6th, 2023
- Purchase your tickets now before spots fill up!

Poker Tournament

Saturday, April 22, 2023

The Friends Of Gryphon Football is excited to host the Gryphon charity poker tournament at the Guelph Curling Club on Saturday April 22nd. The doors open at 6:00pm for registration and the cards fly at 6:30pm. The \$40 entry fee includes registration and food. It's always a great atmosphere and a lot of fun for players of all levels. All proceeds go to support FOGF Charities.

You can pre-register with <u>Frank Tersigni</u> or <u>Dan Crabbe</u> to avoid the lines. E-transfers are welcome. Contact us if you have any questions.

Can't make it but want to show your support - buy a ticket and you will automatically be entered in our raffle.

"You gotta know when to hold them" Kenny Rogers & Oline



CFL Exhibition Game

- June 1st (put this in your calendar)
- FOGF Sponsored Licenced Endzone
- · Details to follow

FOGF Golf Tournament

Friday, July 21st, 2023



3 new FOGF Member this past month bringing the total membership since inception to 173. Congratulations to **Amy Atkinson**, **Jessie Kennedy and Gerry Moretuzzo** for becoming an FOGF member in March.

It is a great time to sign up to be a GOLD member. Your registration will include this year's Gala ticket, and invite to purchase a ticket to the June 1st CFL game at Alumni Stadium in our licenced North Endzone, 2 tickets to our golf tournament in July and your season pass for all regular season games this year with access to our licenced North Endzone. Don't forget the free SWAG. Just reach out to me (Bill Brown).

Interested in becoming an FOGF Member? There are three different tiers to our memberships: Red, Black, and Gold. To find out more information about our memberships and what is involved in each level, please click here. For questions about the membership, please contact Bill Brown at hrownw@uoguelph.ca



If you have any news or updates, we would be more than happy to share them in our upcoming newsletter. Please reach out to brownw@uoguelph.ca for any celebrations, announcements, or bereavements that you would like us to share.